

Shiva Trust's SHARADCHANDRAJI PAWAR HOMOEOPATHY MEDICAL COLLEGE, SHRIRAMPUR, A' NAGAR

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The Herbal Garden on our campus is a vibrant and diverse collection of medicinal plants that serves as both an educational resource and a valuable asset for the community. This lush green space, carefully curated and maintained, is home to a wide array of medicinal plants, each with its own unique properties and healing potential.





In our Herbal Garden, we have over 150 different species of medicinal plants, representing a rich tapestry of traditional and modern herbal remedies. These plants are meticulously organized and labeled, making it an excellent resource for students, researchers, and enthusiasts interested in the field of herbal medicine.





The variety of medicinal plants in the garden is staggering. We have a mix of native and exotic species, each offering a distinct set of medicinal benefits. Some of the prominent ones include:

Aloe Vera (Aloe barbadensis miller): Known for its soothing and healing properties, Aloe Vera is used for treating burns, skin irritations, and digestive issues.

Tulsi (Ocimum sanctum): Holy Basil, or Tulsi, is renowned for its adaptogenic and immuneboosting properties. It is often used in Ayurvedic medicine.

Neem (Azadirachta indica): Neem is a potent antifungal and antibacterial plant used to treat skin ailments and promote overall health.

Lavender (Lavandula angustifolia): With its calming aroma, Lavender is used for relaxation and to alleviate anxiety and stress.

Echinacea (Echinacea purpurea): This plant is known for its immune-boosting properties and is used to prevent and treat colds and respiratory infections.

Ginseng (Panax ginseng): Ginseng is an adaptogen that helps combat stress and enhance energy levels.

Peppermint (Mentha x piperita): Known for its digestive benefits, Peppermint is often used to relieve indigestion and soothe headaches.

Chamomile (Matricaria chamomilla): Chamomile is well-regarded for its calming and sleepinducing properties.

Calendula (Calendula officinalis): This plant is used to soothe skin irritations and promote wound healing.

Ginkgo Biloba (Ginkgo biloba): Ginkgo is known for its ability to improve memory and cognitive function.

Turmeric (Curcuma longa): Turmeric is a powerful anti-inflammatory and antioxidant used to support overall well-being.

Eucalyptus (Eucalyptus globulus): Eucalyptus leaves are used to relieve respiratory conditions, including coughs and congestion.

Sage (Salvia officinalis): Sage is used for its antimicrobial properties and to improve digestion.

Feverfew (Tanacetum parthenium): Often used to alleviate migraines and headaches.

Ginger (Zingiber officinale): Ginger is a versatile herb known for its anti-nausea and antiinflammatory properties.

These are just a few examples of the remarkable diversity in our Herbal Garden. Each plant is carefully tended to by a dedicated team of gardeners and students. The garden also serves as a living laboratory, allowing students and researchers to learn about the cultivation, properties, and applications of these medicinal plants.

Visitors to the Herbal Garden can participate in guided tours, workshops, and lectures, gaining a deeper understanding of the traditional and modern uses of these plants. It is a place of learning and inspiration, promoting the integration of herbal medicine into contemporary healthcare practices while preserving the wisdom of traditional remedies.

In summary, our Herbal Garden is a treasure trove of over 150 diverse medicinal plants. This living resource provides an invaluable opportunity for education, research, and appreciation of

the incredible healing potential offered by the plant kingdom. It is a reflection of our commitment to sustainable and holistic health and well-being.

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		KALANCHOE
31	BRYOPHYLLUM	SARACA ASOCA
32	ASHOKA PLANT	SYZYGIUM CUMINI
33	SYZYGIUM	FICUS RACEMOSA
34	FICUS RACEMOSA	
35	TURMERIC	CURCUMA LONGA
35	CAESALPHINIA BONDUCELLA	CAESALPHINIA BONDUCELLA
30	TAMARIND INDICA	TAMARINDUS INDICA
38	TUBER ROSE	POLIANTHES TUBEROSE
39	PAPAYA	CARCICA PAPAYA
40	ARJUN	TERMINALIA ARJUNA
41	COCONUT TREE	COCOS NUCIFERA
42	MINT	MENTHA
43	GOSSYPIURN	GOSSYPIUM HIRSUTUM
44	CALOTRPIS GIGIATEA	ASCLEPIAS GIGANTEA
45	BAUHINIA RACEMOSAS	- BAUHINIA RACEMOSAA

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